BEHAVIORAL HEALTH (BEH)

BEH 1001 | Mental Health Crisis and Intervention: Preparedness and Emp
Lecture Credit: 3

Focuses on the skills necessary to recognize and assess warning signs of mental health distress and crisis intervention through evidence-based practices. This course also emphasizes trauma-informed care, non-violent crisis intervention, and interventions for diverse populations. This course will prioritize preparation for becoming a compassionate and skilled crisis intervention professional.

BEH 1020 | Cultural Comp in Beh Health
Lecture Credit: 1.5

Provides an introduction to culturally responsive and inclusive care for diverse populations. This course explores the intersection of culture, mental health, and social disparities, emphasizing the importance of cultural competence in promoting positive outcomes and reducing disparities in behavioral healthcare.

BEH 1030 | Behavioral Health Case Management and Clinical Documentation
Lecture Credit: 1

Focuses on behavioral health case management through documentation of services provided, including interventions, goals, progress, needs assessments, care coordination, client-centered empowerment, and reflective practice. This course does not focus on specific addiction related criteria or regulations, nor does it meet Certified Addiction Technician certification requirements.

BEH 1040 | Child, Adult, and Family Advocacy
Lecture Credit: 1.5

Focuses on the critical role of advocating for the mental health and well-being of children, families, and adults within the behavioral health field. This course explores the intersection of advocacy, behavioral health, and social justice, emphasizing the importance of effective advocacy strategies in promoting access to mental health services, reducing stigma, and addressing systemic barriers.

BEH 1050 | Peer Support Specialist Training
Lecture Credit: 4

Provides the International Certification & Reciprocity Consortium (IC&RC) training, which includes advocacy, mentoring and education, recovery and wellness support, ethics, trauma informed care, cultural competency, whole health, substance use, mental health, and family support to those with lived experience of addiction and/or mental health diagnosis and recovery. This training is required to become a Certified Peer and Family Support Specialist (CPFS) in Colorado through successful completion of the IC&RC Peer Recovery (PR) examination.

BEH 1060 | Registered Behavioral Technician Training
Lecture Credit: 4

Provides the knowledge and skills needed to become a competent and effective Registered Behavior Technician (RBT). This course is structured to meet the rigorous standards set forth by the Behavior Analyst Certification Board (BACB) and prepare technicians for the RBT certification exam and for a career in the field of Applied Behavior Analysis (ABA).

BEH 2001 | Mental Health Crisis & Intervention: Advoc, Interv, & Resil
Lecture Credit: 3

Covers a wide range of skills in advocacy, intervention, and resilience within the context of mental health crises. The course emphasizes ethical decision-making, trauma-informed approaches, cultural competence, and innovative intervention strategies through a blend of theory, practical examples, and interactive learning.

Prerequisite: BEH 1001 with a grade of C or better

BEH 2030 | Applied Therapeutic Communication Skills
Lecture Credit: 3

Provides effective communication techniques in behavioral health settings to forge meaningful connections with clients and provide support and guidance on their journey towards improved mental health and well-being. The course focuses on establishing rapport, demonstrating empathy, and facilitation of meaningful dialogues with clients across diverse populations, settings, and presenting concerns through experiential learning and self-reflection.

BEH 3001 | Treatment of Mental Health Disorders within Existing Systems
Lecture Credit: 3

Examines the treatment of mental health disorders within existing healthcare systems. This course explores the role of Medicaid, Medicare, and other systemic frameworks in providing mental health services and discusses the challenges and opportunities for integrating mental health treatment into primary care settings. This course analyzes evidence-based practices and interventions for addressing mental health needs within the constraints of current systems.

Prerequisite: BEH 2030 with a grade of C or better

BEH 3030 | Behavioral Health Program and Case Management
Lecture Credit: 2

Examines behavioral health program development and case management practices. It explores the principles and strategies for designing, implementing, and evaluating effective behavioral health programs. The course focuses on the practical application of case management skills, including assessment treatment planning, resource coordination, and advocacy. The course reviews ethical considerations, cultural competency requirements, and multidisciplinary, whole-person approaches to behavioral healthcare treatment.

Prerequisite: BEH 1030 with a grade of C or better

BEH 3088 | Behavioral Health Practicum
Practicum Credit: 3

To be determined by the individual instructor. A Course Description will be developed for each course and documented within the course syllabus. Refer to the SFCC Style Guide for Course Description, Required Course Learning Outcome, and Topical Outline guidelines.

Prerequisite: BEH 3001 and CSL 2068 and CSL 2050 and PSY 2221 with a grade of C or better

BEH 4020 | Understanding Trauma and PTSD
Lecture Credit: 3

Explores trauma and Post-Traumatic Stress Disorder (PTSD), examining their psychological, physiological, and social impact. Through interdisciplinary perspectives, the course analyzes trauma's etiology, manifestations, and therapeutic interventions. The course focuses on trauma-informed care, resilience, cultural considerations, and the neurobiology of PTSD. #It emphasizes evidence-based practices, ethical considerations, and the development of a comprehensive understanding of, and associated effective strategies for responding to trauma and PTSD.

BEH 4030 | Whole Person Care
Lecture Credit: 3

Explores a comprehensive approach to behavioral health prevention, focusing on the whole person within the context of various systems and examines the role of individual, family, community, and societal factors in promoting mental well-being and preventing behavioral health disorders. This course presents opportunities to analyze evidence-based prevention strategies and interventions across the lifespan and emphasizes the importance of cultural competence, health equity, and collaborative partnerships in implementing effective prevention programs.

Prerequisite: BEH 3001 with a grade of C or better

BEH 4040 | Leadership and Management in Behavioral Healthcare
Lecture Credit: 3

Explores principles and practices of leadership and management within behavioral healthcare systems. The course focuses on the skills necessary for effective leadership of diverse teams in behavioral healthcare to promote innovation, problem solving, and advancement of quality and accessibility in behavioral healthcare.

BEH 4080 | Mental Health Internship
Internship Credit: 5

To be determined by the individual instructor. A Course Description will be developed for each course and documented within the course syllabus. Refer to the SFCC Style Guide for Course Description, Required Course Learning Outcome, and Topical Outline guidelines.

Prerequisite: BEH 3030 and BEH 3088 and BEH 4020 with a grade of C or better

BEH 4081 | Addiction Recovery Internship
Internship Credit: 5

To be determined by the individual instructor. A Course Description will be developed for each course and documented within the course syllabus. Refer to the SFCC Style Guide for Course Description, Required Course Learning Outcome, and Topical Outline guidelines.

Prerequisite: BEH 3088 and BEH 4020 with a grade of C or better